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| **Week**  **CNED 3053: The Helping Relationship Course Schedule Fall 2023** | **Day of Week** | **Month** | **Day** | **Topics** | **Item Due** |
| 1 | T | August | 22 | Class Overview | **Syllabus & Course Schedule** |
| TH | August | 24 | Mindfulness | **Kayla** |
| 2 | T | August | 29 | Personal Values | **Statement of Purpose Paper** |
| TH | August | 31 | Personal Values | **Kayla** |
| 3 | T | September | 5 | Privilege |  |
| TH | September | 7 | Intersectionality |  |
| 4 | T | September | 12 | Diversity & Disability | **Diversity Location Due** |
| TH | September | 14 | Who are We? | **Self-Exploration Presentation - Kayla** |
| 5 | T | September | 19 | Who are We? | **Self-Exploration Presentation** |
| TH | September | 21 | Introduction to HRM | **Kayla** |
| 6 | T | September | 26 | Perceiving & Attending |  |
| TH | September | 28 | Effective Listening | **Kayla** |
| 7 | T | October | 3 | Verbal Villains/Responding |  |
| TH | October | 5 | Effective Responding |  |
| 8 | T | October | 10 | Empathy, Warmth, & Respect |  |
| TH | October | 12 | Concreteness & Open-Ended Questions | **Kayla** |
| 9 | **T** | **October** | **17** | **FALL BREAK-NO CLASS** |  |
| TH | October | 19 | Skills Presentation Video | **Kayla** |
| 10 | T | October | 24 | Skills Presentation Video |  |
| TH | October | 26 | Skills Presentation Video | **Kayla** |
| 11 | T | October | 31 | Genuineness, Self-Disclosure, 3-Rs | **Skills Critique Paper A Due** |
| TH | November | 2 | Ethics |  |
| 12 | T | November | 7 | Confrontation & Immediacy | **Diversity Experience Paper Due** |
| TH | November | 9 | Problem Solving |  |
| 13 | T | November | 14 | Mental Health First Aid |  |
| TH | November | 16 | Healthy Relationships | **Kayla** |
| 14 | T | November | 21 | Helper Wellness/Fishbowl | **Counseling Experience Paper Due** |
| **TH** | **November** | **24** | **THANKSGIVING-NO CLASS** |  |
| 15 | T | November | 28 | SKILLS PRACTICE | **Kayla** |
| TH | November | 30 | Skills Presentation Video |  |
| 16 | T | December | 5 | Skills Presentation Video |  |
| TH | December | 7 | Campfire Presentation | **Campfire Presentation Due** |
| **17** | **T** | **December** | **11-15** | **FINALS** | **Skills Critique Paper B Due- Kayla** |